A Practical
Approach
to Weight
Management
in General Practice

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2020

## **Facilitator**

Dr Gary Deed, GP; Chair, The Diabetes Specific Interest Network RACGP

OCHALLENGING MYTHS OPPRACTICAL ADVICE LEADING EXPERTS

# Perth

Tuesday 31 March 2020 • 7:00pm – 9:30pm Harry Perkins Institute of Medical Research, Nedlands

# Type 2 Diabetes and Metabolic Complications of Obesity



**Dr Gary Kilov** 

Founding member, The RACGP Diabetes Specific Interest Group; Co-founder of Primary Care Diabetes Society of Australia (PCDSA)

The dual epidemics of obesity and diabetes are inseparable, according to Dr Gary

Kilov, the Founding member of The RACGP Diabetes Specific Interest Group and Co-founder of Primary Care Diabetes Society of Australia (PCDSA). They share the same environmental determinants, they are both conditions of dysregulation, and they need to be addressed simultaneously — and in this presentation Dr Kilov will discuss the implications of this on patient care for General Practitioners.

# **Cardiovascular Complications of Obesity**



**Prof Markus Schlaich** 

Nephrologist and Hypertension Specialist; NHMRC Senior Research Fellow; Dobney Chair in Clinical Research, School of Medicine and Pharmacology, Royal Perth Hospital Unit and UWA

The impact of obesity on CV risk is multi factorial and self-amplifying. It's important to advise patients with obesity of this, but also the good news that data increasingly suggests that patients can remodel their hearts and health outcomes by losing weight! Prof Schlaich will also explore the impact of various forms of obesity management on CV endpoints.

# Obesity in Pregnancy – Implications for Infants, Children, Mother and Genome



A/Prof Rae-Chi Huang

Associate Professor, Faculty of Health and Medical Sciences, Centre for Child Health Research, University of WA

Obesity is the most common medical condition in women of reproductive age

and has both short and long-term adverse consequences for both mother and child. It reduces fertility, and once pregnant, patients with obesity face a myriad of risks in every stage that require vigilance by GPs. In this presentation, A/Prof Huang will explore these health risks — which continue postpartum and later in life for both the mother and her offspring — and she will also outline developments in genomic medicine which cast a fascinating light on how obesity affects the DNA.

## **Case Studies and Q&A**

Expert Panel: Dr Gary Kilov, Prof Markus Schlaich & A/Prof Rae-Chi Huang

The expert panel will further explore case studies related to obesity and practical approaches that GPs can use in their practice. This interactive session will also include Q&A where the expert panel will answer questions from the live audience via an interactive digital platform.

# Light catering and refreshments available at 6:30pm

The program was correct at the time of printing and is subject to change without notice

## **Registration Includes**

- Access to entire program and attendance certificate
- Handbook with comprehensive lecture notes
- Light catering and refreshments

#### Venue

This seminar will take place in the McCusker Auditorium in the Harry Perkins Institute of Medical Research, QEII Medical Centre, 6 Verdun Street, Nedlands

# **Continuing Professional Development Points**

- RACGP: This activity is pending RACGP approval for 5 CPD activity points
- ACRRM: 3 Hours under the Educational Activities Category applied for

# **Parking Options**

A multi deck car park entry is located off Winthrop Avenue at the Queen Elizabeth II Medical Centre



Map courtesy of Harry Perkins Institute of Medical Research

REGISTRATION FORM	Mail/Fax/Phone	ONLINE#
Perth National Obesity Forum 2020 – Tuesday 31 March	<u></u> \$70	\$60
	# Online price only available for registrations at www.healthed.com.au	

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Email*	RACGP/ACRRM#	
Organisation		
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	State*Postcode*	
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	istration form & payment to DX 500 Burwood NSW 1805 or FAX 1300 797 792	

This seminar has been made possible thanks to an unrestricted educational grant from iNova.

CANCELLATION: Payment for this seminar is non-refundable. Once payment has been processed no refunds or transfers of any kind will be available without exception. All prices are in Australian Dollars and include GST.

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